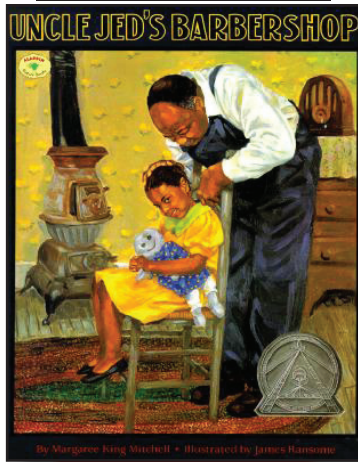


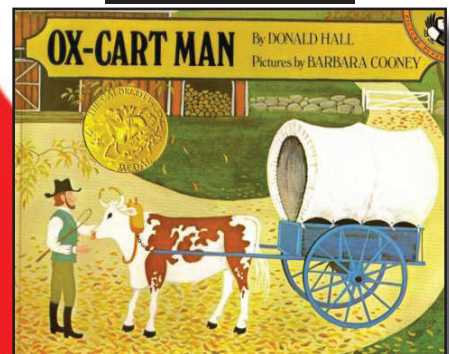
first grade
PATIENCE

central's Academic Content Objectives

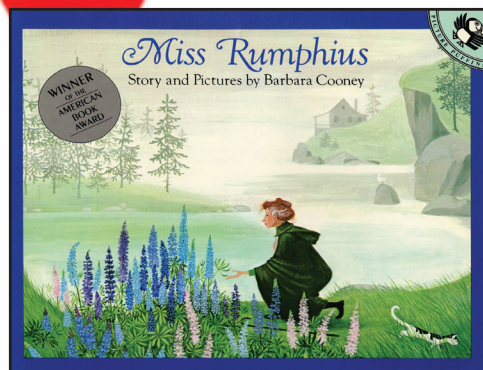
Patience Groomed



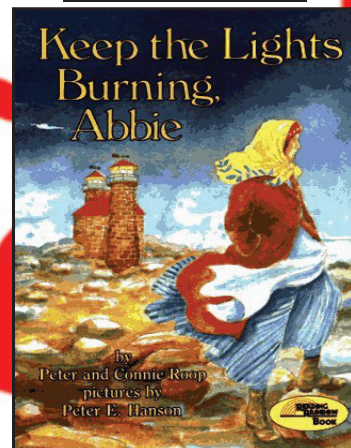
Patience Grows



Patience Gives



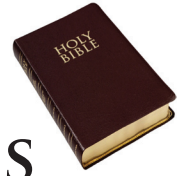
Patience Glows





Bible

ACADEMIC CONTENT OBJECTIVES

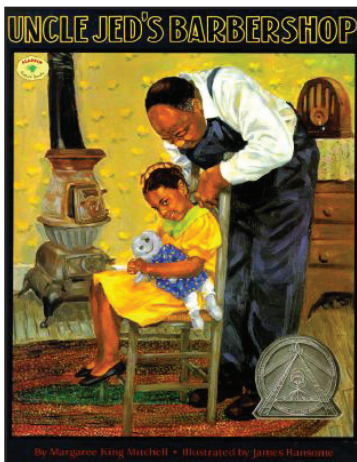


Central Christian Academy teaches Bible because it is the inspired Word of God and the means to which the Holy Spirit can instruct us. Everything in the Bible is written to teach us. Through endurance and the encouragement of the Scriptures we have hope. (Romans 15:4) Through studying the Bible, saints will believe that Jesus is the Son of God (John 20:31). While saints take a daily Bible course, the content of this book is woven into all areas of instruction and life at our school.

The curriculum for first grade will focus on the fruit of the Spirit and its quality of patience. Saints will discover how God gives gifts of the world, families, friends, leaders, salvation, the church, and a way to live. As they discover God's gifts, they will also discover that these gifts provide them with opportunities to show patience. As they allow the Holy Spirit to give them patience they will also learn to deal with:

- Being honest
- Selfishness
- Disobedience
- Getting along with others
- Tattling
- Feeling that others are unfair
- Self Esteem

Patience Groomed



B.ACO 1.1

God gives me a place to live

The saint will learn how God provided a place for Uncle Jed and Black Americans to live, just as he provides for us today. The saint will learn how God made the world for everyone.

- a) Creation and my world
- b) Adam and Eve

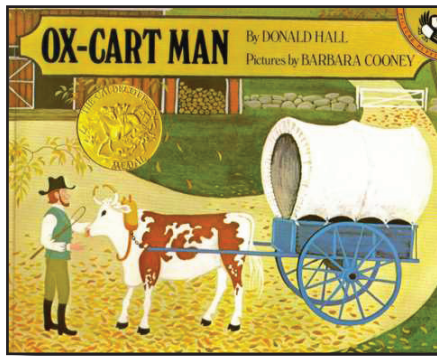
B.ACO 1.2

God gives me a family

The saint will learn how Uncle Jed put his family's needs before his own desires to open his barbershop. The student will learn God's design for the family and study the following examples of Biblical families.

- a) The first family
- b) Noah saves his family
- c) Jacob cheats his brother
- d) Joseph forgives his brothers
- e) Lois and Eunice teach Timothy
- f) Joseph is a leader in his family

Patience Grows



B.ACO 1.3

God Gives Me Leaders

The saint will discuss how the ox-cart man showed leadership and who and what led him. They will learn about leaders that God provides for us and Biblical examples of leadership.

- Moses and God's people
- Peter and the early church

B.ACO 1.4

God Gives Me Helpers

The saint will learn who provided help to the ox cart man and that God provides us with help too. They will learn Biblical examples of people helping each other.

- Joshua and Caleb
- Ruth helps Naomi
- John Mark helps Paul.

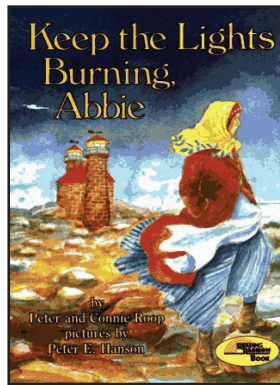
B.ACO 1.5

God Gives Me His Word

The saint will learn that knowing the Bible should result in actions by participating in discussions of Biblical passages while seeing how these passages should affect their behavior and the behavior of the ox-cart man.

- The Ten Commandments
- The Psalms
- The Gospels
- The Word made flesh
- Jesus' birth & boyhood

Patience Glows



B.ACO 1.6

God Gives Me a Way to Live

The saint will compare the way Abbie lived to Biblical examples.

- How to love others
- How to share
- How to care for others
- How to believe God
- How to be thankful
- How to serve Him

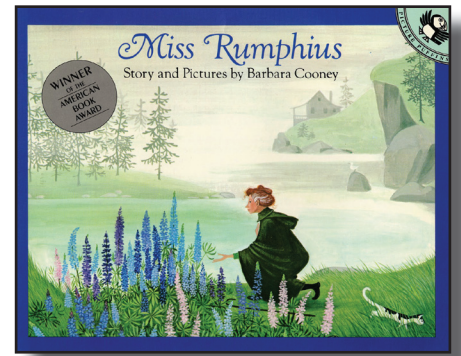
B.ACO 1.7

God's Gives Me a Church

The saint will learn parallels between the church and a lighthouse.

- The church begins
- Giving to His work
- Stephen and the Deacons

Patience Gives



B.ACO 1.8

God's Gives Me a Church (cont.)

The saint will learn an understanding of patience from Miss Rumphius as they watch her grow from a little girl on her grandfather's knee to the wise old Lupine Lady. The student will learn that God uses His church to help the world become a better place and to make the world better, we need to be a part of His church our whole lives.

- Philip and the Ethiopian
- God's Word
- God's glory

B.ACO 1.9

God Gives Me Gifts and Abilities

The student will learn how God gave Miss Rumphius special gifts and abilities that He was able to use to make the world more beautiful. She allowed God to use her abilities and He made the flowers grow. Students will discover special gifts they each possess and how God can use them.

- Reading God's Word
- Writing God's Word
- Singing to the Lord
- Using art and building skills
- Serving others
- Showing hospitality



Language arts

ACADEMIC CONTENT OBJECTIVES



Central Christian Academy teaches Language Arts because through speaking, reading, and writing, students will be able to better understand God's Word and communicate its message to others (2 Timothy 2:15).

Reading is a priority in first grade. Saints will be immersed in four examples of award winning literature. "Uncle Jed's Barber Shop", "Ox-Cart Man", "Keep the Lights Burning Abbie", and "Miss Rumphius" serve as the primary text for saints to develop their Language Arts skills. They will be asked to evaluate the literature from a Biblical perspective and identify how characters show patience and long suffering. The first two books are above first grade level and will be used in a shared reading format. The third book is a first grade level text. The fourth is above a normal first grade level. Saints whose reading scores indicate they are below the text level will be provided additional support while those above range will be given additional, more challenging reading material. In addition to these four main resources, first grade saints will be immersed in a print-rich environment to develop oral language skills, phonetic skills, vocabulary, comprehension, and an awareness of print materials as sources of information and enjoyment. The saints will use listening and speaking skills to participate in classroom discussions. The saints will use a variety of strategies to read new words and will read familiar selections with fluency and expression. The saints will continue to develop an understanding of character, setting, main idea, and story sequence in a variety of texts. The saints will increase vocabulary and comprehension strategies by reading age-appropriate materials across the curriculum. The saints will also demonstrate comprehension of fiction and nonfiction selections through classroom discussion and will begin to communicate ideas in writing. The saints will become an independent readers by receiving continued instruction in phonologic coding. They will acquire an internalized ability to analyze the structure of words in English and apply their understanding of that structure when reading and spelling. All Language Arts lessons and topics will be approached from the perspective that God's Word is the ultimate authority for Truth.

The following objectives, while aligned with the First Grade English Virginia Standards of Learning, have been adjusted to include Biblical principles and the specific curriculum used at Central Christian Academy.



Oral Language

- LA.ACO 1.1** The saint will continue to demonstrate growth in the use of oral language.
- Listen and respond to Bible stories and a variety of media, including books, audiotapes, videos, and other age-appropriate materials.
 - Tell and retell stories and events in logical order.
 - Participate in a variety of oral language activities, including prayer, choral speaking and reciting short poems, rhymes, songs, and stories with repeated patterns.
 - Express ideas orally in complete sentences.

LA.ACO 1.2 The saint will continue to expand and use listening and speaking vocabularies.

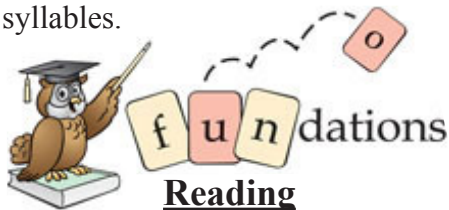
- Increase oral descriptive vocabulary.
- Begin to ask for clarification and explanation of words and ideas.
- Follow simple two-step oral directions.
- Give simple two-step oral directions.
- Use singular and plural nouns.

LA.ACO 1.3 The saint will adapt or change oral language to fit the situation.

- Initiate conversation with peers and adults.
- Follow rules for conversation.
- Use appropriate voice level in small-group settings.
- Ask and respond to questions in small-group settings.

LA.ACO 1.4 The saint will orally identify and manipulate phonemes (small units of sound) in syllables and multisyllabic words.

- Count phonemes (sounds) in syllables or words with a maximum of three syllables.
- Add or delete phonemes (sounds) orally to change syllables or words.
- Create rhyming words orally.
- Blend sounds to make word parts and words with one to three syllables.



LA.ACO 1.5 The saint will apply knowledge of how print is organized and read.

- Read from left to right and from top to bottom.
- Match spoken words with print.
- Identify letters, words, and sentences.

LA.ACO 1.6 The saint will apply phonetic principles and strategies to read and spell.

- Identify word structures such as vowels, consonants, blends, digraphs, digraph blends, and use this knowledge to decode and spell words.
- Use knowledge of short vowels, long vowels in vowel-consonant-e and open syllables, r-controlled vowels (ar, er, ir, or, ur), vowel teams (ai, ay, ee, ey, ea, oi, oy, oa, ow, oe, ou, oo, ue, ew, au, aw) to decode and spell words.
- Read and spell words with unexpected vowel sounds (old, ild, ind, ost, olt, ive)
- Read and spell words with s, es, ed, ing, est, ish, able, ive, y, ful, ment, less, ness, ly, ty suffixes
- Read and spell phonetically regular one-, two- and three-syllable words
- Read and spell targeted high-frequency, non-phonetic words, including the, said, and come.

LA.ACO 1.7 The saint will use meaning clues and language structure to expand vocabulary when reading.

- Use titles and pictures.
- Use knowledge of the story and topic to read words.
- Use knowledge of sentence structure.
- Reread and self-correct.

LA.ACO 1.8 The student will read familiar stories, poems, and passages with fluency and expression.

- Read controlled stories with fluency, expression, and understanding
- Read first grade level material at approximately 90 words per minute with fluency and understanding

LA.ACO 1.9 The saint will read and demonstrate comprehension of a variety of fiction and nonfiction.

- Preview the selection.
- Set a purpose for reading.
- Relate previous experiences to what is read.
- Make predictions about content.
- Ask and answer who, what, when, where, why, and how questions about what is read.
- Identify characters, setting, and important events.
- Retell stories and events, using beginning, middle, and end.
- Identify the topic or main idea.

LA.ACO 1.10 The saint will use simple reference materials.

- Use knowledge of alphabetical order by first letter.
- Use a picture dictionary to find meanings of unfamiliar words.

Writing

LA.ACO 1.11 The saint will print legibly.

- Form letters.
- Space words and sentences.

LA.ACO 1.12 The saint will write to communicate ideas and witness.

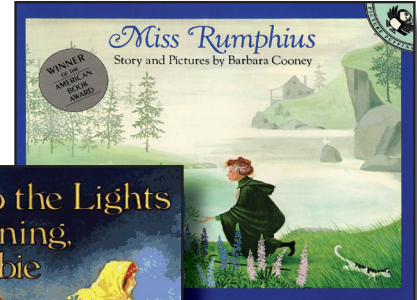
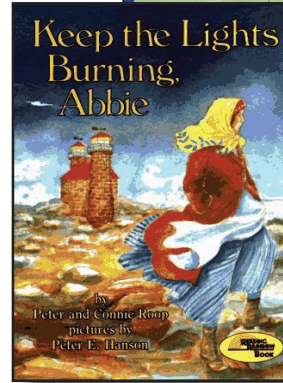
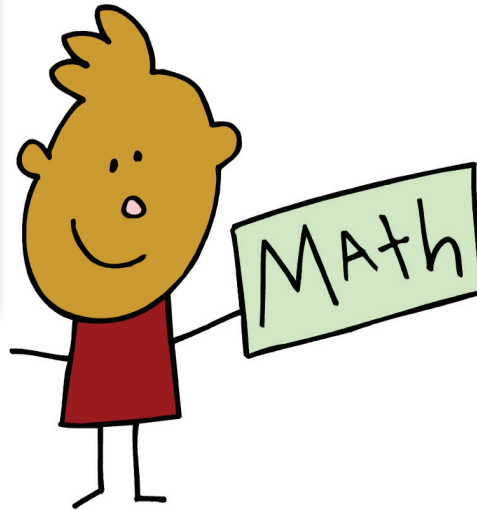
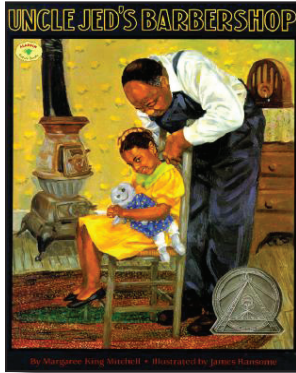
- Generate ideas.
- Focus on one topic.
- Use descriptive words when writing about people, places, things, and events.
- Use complete sentences in final copies.
- Begin each sentence with a capital letter and use the correct ending punctuation (period, question mark, exclamation point) in final copies.
- Use correct spelling for high-frequency sight words and phonetically regular words in final copies.
- Share writing with others.
- Use available technology.



ACADEMIC CONTENT OBJECTIVES



math



Central Christian Academy teaches Mathematics because God designed our world with precision. The study of Mathematics at Central Christian Academy is more than the study of numbers alone. It is the study of how math reflects the perfection of God's creation. Through this course, saints will discover a relationship between creation and mathematics. It will help saints gain a greater understanding of who God is.

Through daily calendar and literature unit activities, first grade saints will see that Math skills are essential to their every day lives. They will see that mathematical concepts are a part of God's design and perfect plan for His creation.

The first grade objectives place emphasis on counting, sorting, and comparing sets of up to 100 objects; recognizing and describing simple repeating and growing patterns; and drawing, sorting, and describing certain two-dimensional figures. Saints' understanding of number is expanded through learning and applying the basic addition facts through the fives table and the corresponding subtraction facts; using nonstandard units to measure; and organizing and interpreting data. The idea of fractions is introduced.

While learning mathematics, saints will be actively engaged, using concrete materials and appropriate technologies such as calculators and computers. However, facility in the use of technology shall not be regarded as a substitute for a student's understanding of quantitative concepts and relationships for proficiency in basic computations.

Mathematics has its own language, and the acquisition of specialized vocabulary and language patterns is crucial to a student's understanding and appreciation of the subject. Saints should be encouraged to use correctly the concepts, skills, symbols, and vocabulary identified in the following set of objectives.

Problem solving has been integrated throughout the six content strands. The development of problem-solving skills should be a major goal of the mathematics program at every grade level. Instruction in the process of problem solving will need to be integrated early and continuously into each student's mathematics education. Saints must be helped to develop a wide range of skills and strategies for solving a variety of problem types.

The following objectives, while aligned with the First Grade Mathematics Virginia Standards of Learning, have been adjusted to include Biblical principles and the specific curriculum used at Central Christian Academy.

Number and Number Sense

Focus: Place Value and Fraction Concepts

M.ACO 1.1 The saint will
a) count from 0 to 100 and write the corresponding numerals; and
b) group a collection of up to 100 objects into tens and ones and write the corresponding numeral to develop an understanding of place value.

M.ACO 1.2 The saint will count forward by ones, twos, fives, and tens to 100 and backward by ones from 30.

M.ACO 1.3 The saint will identify the parts of a set and/or region that represent fractions for halves, thirds, and fourths and write the fractions.

Computation and

Estimation

Focus: Whole Number Operations

M.ACO 1.4 The saint, given a familiar problem situation involving magnitude, will
a) select a reasonable order of magnitude from three given quantities: a one-digit numeral, a two-digit numeral, and a three-digit numeral (e.g., 5, 50, 500); and
b) explain the reasonableness of the choice.

M.ACO 1.5 The saint will recall basic addition facts with sums to 18 or less and the corresponding subtraction facts.

M.ACO 1.6 The saint will create and solve one-step story and picture problems using basic addition facts with sums to 18 or less and the corresponding subtraction facts.

Measurement

Focus: Time and Nonstandard Measurement

M.ACO 1.7 The saint will
a) identify the number of pennies equivalent to a nickel, a dime, and a quarter; and
b) determine the value of a collection of pennies, nickels, and dimes whose total value is 100 cents or less.

M.ACO 1.8 The saint will tell time to the half-hour, using analog and digital clocks.

M.ACO 1.9 The saint will use nonstandard units to measure length, weight/mass, and volume.

M.ACO 1.10 The saint will compare, using the concepts of more, less, and equivalent,
a) the volumes of two given containers; and
b) the weight/mass of two objects, using a balance scale.

M.ACO 1.11 The saint will use calendar language appropriately (e.g., names of the months, today, yesterday, next week, last week).

Geometry

Focus: Characteristics of Plane Figures

M.ACO 1.12 The saint will identify and trace, describe, and sort plane geometric figures (triangle, square, rectangle, and circle) according to number of sides, vertices, and right angles.

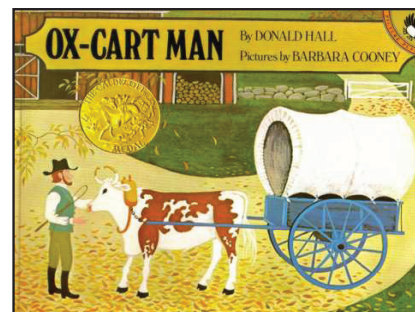
M.ACO 1.13 The saint will construct, model, and describe objects in the environment as geometric shapes (triangle, rectangle, square, and circle) and explain the reasonableness of each choice.

Probability and Statistics

Focus: Data Collection and Interpretation

M.ACO 1.14 The saint will investigate, identify, and describe various forms of data collection (e.g., recording daily temperature, lunch count, attendance, favorite ice cream), using tables, picture graphs, and object graphs.

M.ACO 1.15 The saint will interpret information displayed in a picture or object graph, using the vocabulary more, less, fewer, greater than, less than, and equal to.



Patterns, Functions, and Algebra

Focus: Patterning and Equivalence

M.ACO 1.16 The saint will sort and classify concrete objects according to one or more attributes, including color, size, shape, and thickness.

M.ACO 1.17 The saint will recognize, describe, extend, and create a wide variety of growing and repeating patterns.

M.ACO 1.18 The saint will demonstrate an understanding of equality through the use of the equal sign.



science

ACADEMIC CONTENT OBJECTIVES



Central Christian Academy teaches Science because it is important for saints to gain an understanding of the world God created. Science should open a saint's mind to the wonders of creation and see how it reveals God's glory. The scientific process and investigations help students to think through God's purpose and His expectations for how we should take care of the earth.

The first grade academic content objectives continue to stress basic science skills in understanding familiar objects and events. Saints are expected to begin conducting simple experiments and be responsible for some of the planning. Saints are introduced to the concept of classifying plants and animals based on simple characteristics. Emphasis is placed on how God causes things to relate to one another. Saints are expected to know the basic relationships God made between the sun and Earth, seasonal changes and plant and animal activities. Saints will also begin to develop an understanding of moving objects, simple solutions, and important natural resources.

The following objectives, while aligned with the First Grade Science Virginia Standards of Learning, have been adjusted to include Biblical principles and the specific curriculum used at Central Christian Academy.

Scientific Investigation, Reasoning, and Logic

S.ACO 1.1 The saint will demonstrate an understanding of scientific reasoning, logic, and God's creation by planning and conducting investigations in which

- the senses are used to observe differences in physical properties;
- observations are made from multiple positions to achieve a variety of perspectives and are repeated to ensure accuracy;
- objects or events are classified and arranged according to characteristics or properties;
- simple tools are used to enhance observations;
- length, mass, volume, and temperature are measured using nonstandard units;
- inferences are made and conclusions are drawn about familiar objects and events;
- a question is developed from one or more observations;

- predictions are made based on Biblical principles and patterns of observations;
- observations and data are recorded, analyzed, and communicated orally and with simple graphs, pictures, written statements, and numbers; and
- simple investigations and experiments are conducted to answer questions.

Force, Motion, and Energy

S.ACO 1.2 The saint will investigate and understand that moving objects exhibit different kinds of motion. Key concepts include

- objects may have straight, circular, and back-and-forth motions;
- objects may vibrate and produce sound; and
- pushes or pulls can change the movement of an object.

Matter

S.ACO 1.3 The saint will investigate and understand how different common materials interact with water. Key concepts include

- some liquids will separate when mixed with water, but others will not;
- some solids will dissolve in water, but others will not; and
- some substances will dissolve more readily in hot water than in cold water.

Life Processes

S.ACO 1.4 The saint will investigate and understand that God created plants to have needs and functional parts and can be classified according to certain characteristics. Key concepts include

- plants need nutrients, air, water, light, and a place to grow;
- basic parts of plants; and
- plants can be classified based on a variety of characteristics.

S.ACO 1.5 The saint will investigate and understand that God created animals and man to have basic needs and certain distinguishing characteristics. Key concepts include

- basic needs include adequate air, food, water, shelter, and space (habitat);
- animals have many different physical characteristics; and
- animals can be classified according to a variety of characteristics.

The saint will learn that while people are sometimes classified with animals because they have some of these same life needs and physical characteristics, they are created in the image of God and have spiritual needs that set them apart from the animals.

Interrelationships in Earth/Space Systems

S.ACO 1.6 The saint will investigate and understand how God designed the sun and Earth to provide for us. Key concepts include

- the sun is the source of energy for the earth and it provides light that warms the land, air, and water; and
- the sun's relative position in the morning is east and in the late afternoon is west.

Earth Patterns, Cycles, and Change

S.ACO 1.7 The saint will investigate and understand the ways God controls weather and seasonal changes. Key concepts include

- changes in temperature, light, and precipitation affect God's creation: man, animals, and plants.
- there are relationships between daily and seasonal changes; and
- changes in temperature, light, and precipitation can be observed and recorded over time.

Resources

S.ACO 1.8 The saint will investigate and understand that God gave man dominion over the Earth and expects us to care for His creation. Key concepts include

- identification of the resources God has created for us (plants and animals, water, air, land, minerals, forests, and soil);
- factors that affect air and water quality; and
- recycling, reusing, and showing respect in our treatment and consumption of the resources God has provided us.



social studies

ACADEMIC CONTENT OBJECTIVES



Central Christian Academy teaches Social Studies because it is important for saints to gain an understanding of their heritage as it relates to Biblical principles and the society in which we live. History is considered to be “His stories” and will be compared to Biblical references.

The objectives for first grade saints include an introduction to the lives of American leaders and their contributions to the United States. Saints should recognize basic map symbols and construct simple maps of a familiar areas. The saints should study the economic concepts of goods and services, consumers and producers, and making economic choices. Saints should learn to apply the traits of the fruit of the Spirit to help them become good citizens. They will recognize that communities in Virginia have local governments and include people who have diverse ethnic origins, customs, and traditions, who make contributions to their communities, and who can be united through Christianity.

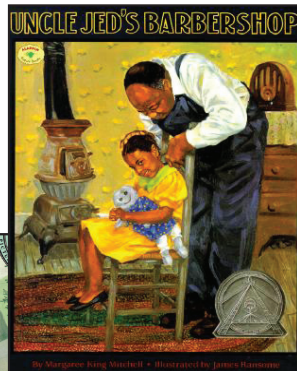
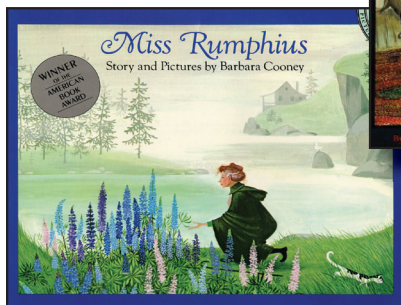
The following objectives, while aligned with the First Grade History and Social Science Virginia Standards of Learning, have been adjusted to include Biblical principles and the specific curriculum used at Central Christian Academy.

History

SS.ACO 1.1 The saint will interpret information presented in picture time lines to show sequence of events and will distinguish among past, present, and future. They will learn that although many things change through time, that God is the same yesterday, today, and forever. (Hebrews 13:8)

SS.ACO 1.2 The saint will describe the stories of American leaders and their contributions to our country, with emphasis on George Washington, Benjamin Franklin, Abraham Lincoln, George Washington Carver, and Eleanor Roosevelt. Students will also examine the accomplishments these Americans made as well as characters in their literature books, like Miss Rumphius and Uncle Jed. They will determine if they exemplified the characteristics of the Fruit of the Spirit. Students will learn that by following Christ they can make the greatest impact on their friends and country.

SS.ACO 1.3 The saint will discuss the lives of people associated with Presidents’ Day, Columbus Day, and the events of Independence Day (Fourth of July).



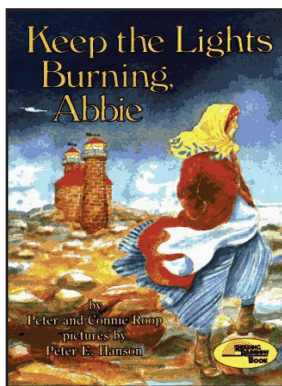
Geography

SS.ACO 1.4 The saint will develop map skills by

- a) recognizing basic map symbols, including references to land, water, cities, and roads;
- b) using cardinal directions on maps;
- c) identifying the shapes of the United States and Virginia on maps and globes;
- d) locating Washington, D.C., the capital of the United States, and Richmond, the capital of Virginia, on a United States map.

SS.ACO 1.5 The saint will construct a simple map of a familiar area, using basic map symbols in the map legend.

SS.ACO 1.6 The saint will describe how the location of his/her community, climate, and physical surroundings affect the way people live, including their food, clothing, shelter, transportation, and recreation.

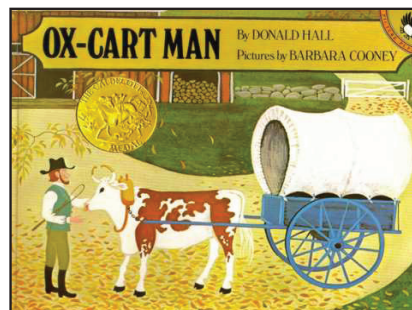


Economics

SS.ACO 1.7 The saint will explain the difference between goods and services and describe how people are consumers and producers of goods and services. As they read the Ox-Cart Man, they will discover the way goods and services are used to support families.

SS.ACO 1.8 The saint will explain that people make choices because they cannot have everything they want. They will learn that if their choices are aligned with God, He will grant them the desires of their heart. (Psalm 37:4)

SS.ACO 1.9 The saint will recognize that God expects us to be good stewards of our money and that after giving their “first fruits” to the Lord, people save for the future to purchase goods and services.



Civics

SS.ACO 1.10 The saint will apply the fruit of the Spirit so they can be good citizens. They will rely on God to help them focus on others through:

- a) focusing on fair play, exhibiting good sportsmanship, helping others, and treating others with respect;
- b) recognizing the purpose of rules and practicing self-control;
- c) working hard in school;
- d) taking responsibility for one’s own actions;
- e) valuing honesty and truthfulness in oneself and others;
- f) participating in classroom decision making through voting.

SS.ACO 1.11 The saint will recognize the symbols and traditional practices that honor God and foster patriotism in the United States by

- a) identifying the American flag, bald eagle, Washington Monument, and Statue of Liberty;
- b) demonstrating respect for God, the American flag, the Christian Flag, and the Bible by learning our pledges and the meaning behind each of them.

SS.ACO 1.12 The saint will recognize that communities in Virginia

- a) have local governments;
- b) benefit from churches and people who volunteer in their communities;
- c) include people who have diverse ethnic origins, customs, and traditions, who make contributions to their communities, and who can be united through Christianity.



physical education

ACADEMIC CONTENT OBJECTIVES



Central Christian Academy believes that students need to be physically active to grow properly. According to the National Association of Sports and Physical Education (NASPE), elementary classes should spend 150 minutes every week in physical education. Since God chooses our bodies for His temple and dwelling place, it is important that we take care of them (1 Corinthians 6:19-20). Therefore, CCA places a priority on children being active at school and emphasizes a strong physical education program. Saints in first grade begin to refine locomotor skills and further develop fundamental non-locomotor and manipulative skills in educational games, exercise and gymnastics. They continue to develop understanding of key concepts and principles and to link these concepts and principles to their movement. Saints relate participation in vigorous physical activity to changes in the body, to enjoyment, and to improving their health and wellness. They further their understanding of the importance of physical activity in their lives. As saints increase their understanding of movement, they gain a deeper understanding of how God created the body to move. Saints continue to develop socially as they work safely alone and in a group. The natural enjoyment of physical activity should be reinforced and complemented by a variety of educational game, exercise, and gymnastic activities in which saints learn and are successful.

The following objectives, while aligned with the First Grade Physical Education Virginia Standards of Learning, are adjusted to include Biblical principles and the specific curriculum used at Central Christian Academy.

Skilled Movement

PE.ACO 1.1 The saint will demonstrate the correct critical elements (small, isolated parts of the whole skill or movement) of locomotor, non-locomotor, and manipulative skills.

a) Demonstrate critical elements used in the locomotor skills of walking, running, hopping, jumping and landing, galloping, leaping, skipping, and sliding.

b) Demonstrate critical elements used in non-locomotor skills (e.g., bending, pushing, pulling, stretching, turning, twisting, swinging, swaying, rocking, balancing, and rolling).

c) Demonstrate a minimum of two critical elements used in manipulative skills performed alone (e.g., toss and catch, dribble with hand in general space, dribble with foot, kick and strike with hand or equipment, throw underhand, and volley).

d) Demonstrate at least two critical elements for the manipulative skills of catching, throwing underhand, striking, dribbling, and kicking while moving.

e) Demonstrate simple educational gymnastic sequences that contain a variety of balance, roll, transfer of weight, and flight.

f) Demonstrate moving to a rhythm by keeping time to a simple beat, using a variety of locomotor and non-locomotor skills.

Movement Principles and Concepts

PE.ACO 1.2 The saint will demonstrate improvement in locomotor, non-locomotor, and manipulative skills while applying the movement concepts.

a) Demonstrate pathways, levels, tempo (speed), force, directions, and relationships when performing locomotor skills.

b) Demonstrate tempo (speed), levels, and flow when performing non-locomotor skills.

c) Demonstrate force, levels, and direction when performing manipulative skills.

Personal Fitness

PE.ACO 1.3 The saint will participate regularly in moderate-to-vigorous physical activities that cause increased heart and breathing rates.

PE.ACO 1.4 The saint will learn how God designed our bodies to need physical activity and that changes in the body occur during moderate-to-vigorous physical activity.

Responsible Behaviors

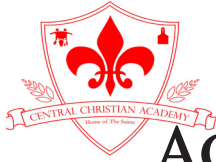
PE.ACO 1.5 The saint will demonstrate, with little or no adult intervention, safe and cooperative behaviors in physical activity settings.

a) Work cooperatively with peers for short periods of time.

b) Incorporate safety rules learned in physical education.

Physically Active Lifestyle

PE.ACO 1.6 The saint will participate regularly in physical activities that require physical exertion and skill.



MUSIC ACADEMIC CONTENT OBJECTIVES



Central Christian Academy teaches Music to extend our saints abilities and talents. Music was used throughout the Bible as a form of celebration and worship. Knowledge and skills that students acquire through fine arts instruction include the abilities to think critically, solve problems creatively, make informed judgments, work cooperatively within groups, appreciate different cultures, imagine, and create.

These requirements in Music, set reasonable targets and expectations for what is taught in the patience class at CCA. The academic content objectives set clear, concise, measurable, and rigorous expectations for young people. Central Christian Academy teachers may go beyond the prescribed objectives to enrich the curriculum and meet the needs of all students.

The following objectives, while aligned with the First Grade Music Virginia Standards of Learning, have been adjusted to include Biblical principles and the specific curriculum used at Central Christian Academy.

Performance and Production

MC.ACO 1.1 The saint will sing and play a repertoire of praise and worship songs.

1. Sing songs that contain sol, mi, and la pitches.
2. Sing a variety of songs individually and in groups.
3. Play pitched and non-pitched instruments.

MC.ACO 1.2 The saint will perform rhythmic patterns.

1. Perform and notate rhythmic patterns that include quarter notes, paired eighth notes, and quarter rests.
2. Demonstrate melodic rhythm.

MC.ACO 1.3 The saint will respond to praise and worship music with appropriate movement.

1. Perform in choreographed and nonchoreographed musicals and shows.
2. Feel free to praise and worship Christ with appropriate movement as well as song.
3. Learn about the dances and music popular in other cultures.
4. Demonstrate locomotor and non-locomotor movements.
5. Dramatize songs, stories, and poems.

MC.ACO 1.4 The saint will create music through a variety of experiences.

1. Improvise, using classroom instruments, clapping, and movement.
2. Use the voice in speech and song.
3. Create music to enhance Biblical passages, songs, stories, and poems.
4. Create melodies to familiar nursery rhymes or chants.

Cultural Context and Music Theory

MC.ACO 1.5 The saint will distinguish between melodic rhythm and steady beat, using sight and sound.

MC.ACO 1.6 The saint will recognize when music changes from one section to a contrasting section.

MC.ACO 1.7 The saint will recognize and describe sudden changes in expressive qualities of music.

1. Demonstrate changes in dynamics vocally, instrumentally, or with movement.
2. Demonstrate changes in tempo vocally, instrumentally, or with movement.

MC.ACO 1.8 The saint will identify high pitches and low pitches.

1. Demonstrate different pitches vocally, instrumentally, and with movement.
2. Distinguish between extreme contrasts of sound.

MC.ACO 1.9 The saint will identify pitched and non-pitched classroom instruments, using sight and sound.

MC.ACO 1.10 The saint will distinguish between accompanied and unaccompanied vocal music.

Judgment and Criticism

MC.ACO 1.11 The saint will exhibit respect and kindness for the contributions of self and others in a music setting.

1. Contribute to a group effort of making music.
2. Contribute to a group effort of listening to music.
3. Participate in music activities that involve sharing, taking turns, and other ways of demonstrating the goodness of God and the fruit of the Spirit.

Aesthetics

MC.ACO 1.12 The saint will identify and discuss the relationships between music and other disciplines.

1. Discover how God's aesthetic nature can be found throughout scripture.
2. Discover that some have been given talent for music and we are all expected to develop our talents for the glorification of God.



ACADEMIC CONTENT OBJECTIVES



Central Christian Academy teaches Art to extend our saints abilities and talents. Various forms of art were used throughout the Bible. Knowledge and skills that students acquire through fine arts instruction include the abilities to think critically, solve problems creatively, make informed judgments, work cooperatively within groups, appreciate different cultures, imagine, and create.

Visual Communication and Production

A.ACO 1.1 The saint will recognize and discuss various solutions to a single art problem.

A.ACO 1.2 The saint will use the senses of sight, touch, and hearing as inspirations for works of art.

A.ACO 1.3 The saint will identify and use

1. primary colors: red, blue, yellow
2. line and line variations: zigzag, dotted, wavy, spiral
3. texture: visual tactile
4. shape: geometric, organic
5. patterns: alternating, repeating

A.ACO 1.4 The saint will create works of art inspired by Bible lessons, stories, poems, and themes.

A.ACO 1.5 The saint will create art from real and imaginary sources of inspiration

A.ACO 1.6 The saint will use personal experiences and simulated situations as subject matter in works of art.

A.ACO 1.7 The saint will demonstrate the ability to recognize size relationships in works of art.

A.ACO 1.8 The saint will develop eye/hand coordination by drawing and constructing.

A.ACO 1.9 The saint will observe and depict plants, animals, and people in a landscape work of art.

A.ACO 1.10 The saint will use motor skills to weave, tear, and otherwise manipulate art materials.

The standards for Central Christian Academy's first grade emphasize that the visual arts are about ideas. Development continues in cognitive, sensory, affective, and motor domains. While the standards continue to emphasize the language of art, students will learn to appreciate that their own artwork should be unique. Art production focuses on knowing God, increased communication, self-expression, and the depiction of stories and events. Saints will learn that people have different responses to the visual arts. The following objectives, while aligned with the First Grade Visual Arts Virginia Standards of Learning, have been adjusted to include Biblical principles and the specific curriculum used at Central Christian Academy.

Cultural Context and Art History

A.ACO 1.11 The saint will describe and discuss similarities and differences between various careers in the visual arts. This will be done in their literature studies such as:

1. Uncle Jed's Barbershop and various jobs that people have.
2. The Ox-Cart Man and how people make a living through creating goods and services

A.ACO 1.12 The saint will recognize and describe how art is an integral part of one's own culture. As they study past, present, and future, they will also learn ways art has changed according to periods of time.

A.ACO 1.13 The saint will identify and describe works of art that communicate feelings, ideas, and information. The student will learn ways they can use art to communicate Biblical principles.

A.ACO 1.14 The saint will identify Christian symbols and Biblical events depicted in art. The student will identify American cultural symbols and events depicted in art.

Judgment and Criticism

A.ACO 1.15 The saint will discuss why viewers may have different responses to works of art.

A.ACO 1.16 The saint will view works of art and describe similarities and differences between them.

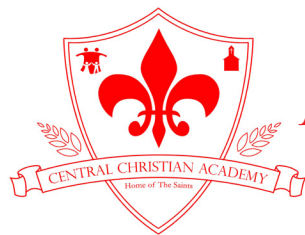
A.ACO 1.17 The saint will describe and discuss the visual qualities and content of works of art, using an art vocabulary.

Aesthetics

A.ACO 1.18 The saint will discuss the reasons why works of art have value.

A.ACO 1.19 The saint will express a point of view regarding what art is and what purpose art serves. They will discover how art can be a form of worship when these ideas and feeling focus on God.

A.ACO 1.20 The saint will describe and discuss ideas and emotions communicated in works of art and that artistic talents are for the glorification of God.



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